

Prosthetic Wear and Care Instructions

Since you will be relying on the prosthesis to help you walk, it is important to know how to take care of it. By following the suggestions listed below you should be able to maintain the prosthesis in good working order. The rules for caring for your prosthesis are:

- Keep the prosthesis clean and dry
- Prevent water damage to the prosthesis
- Store prosthesis properly

Keep Prosthesis Clean and Dry

As with your residual limb, it is important to wash your prosthesis daily to prevent the buildup of sweat, dirt and bacteria. Clean the inside of the prosthesis with a damp cloth and mild soap. Wash the part of the socket that touches your skin, the soft liner if you have one, and any rubber padding.

DO NOT immerse the prosthesis fully in water. Wipe off the soap with a clean cloth and dry the prosthesis completely. It is a good idea to wash it in the evening so it can dry overnight before you wear it again.

Prevent Water Damage

Water damage can develop if a standard prosthesis is immersed in fresh or salt water over time. DO NOT swim, shower, or bathe with it on. You may want to discuss the option of a waterproof prosthesis with your Prosthetist if you are involved in water sports.

Store Carefully

When you are not wearing your prosthesis, prop it carefully against a wall where it will not get bumped or knocked over. DO NOT store prosthesis in a hot environment such as in direct sunlight in a parked car, near an oven, or near a radiator.

Remember NEVER attempt to make any adjustments to your prosthesis. If something becomes loose, is working incorrectly, is making strange noises or is suddenly uncomfortable, stop using it and contact your Prosthetist IMMEDIATELY!